

# SLT Laser CITO

## Installation & Handling



**A.R.C.**  
**LASER**

*enlighten your surgery.*



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April 2019

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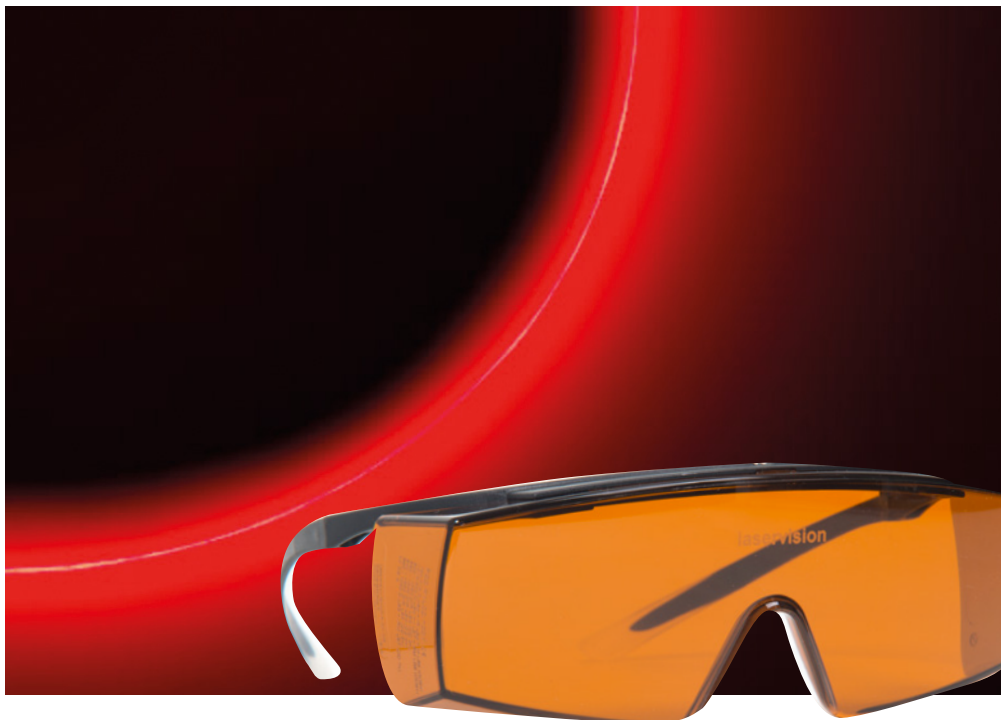
## BASIC LASER SAFETY INSTRUCTIONS



In case of any eye injury due to disregard of the eye protection by safety goggles, an ophthalmologist has to be consulted.

To avoid any injuries and to use the Q-Las laser safely it is important to follow the laser safety guide lines:

1. The laser system should only be used by a trained personnel, undergone training by A.R.C. Laser or A.R.C. Laser approved trainer.
2. The room or area, where the laser system is used must be marked with the included warning signs in clear and visible way, to warn against entering the room/area without adequate protection while the laser is in use.
3. The laser system should never be used, in case of a doubt the device or any of its component are faulty. The fiber delivery system should periodically be tested, by aiming the beam to a flat surface (at approx. 5cm distance) and observing the spot shape.
4. The device indicates when the laser is placed on "Ready" mode. Any third person present at the area where laser radiation can occur (laser treatment area / laser room) should wear laser safety goggles, to protect the eyes from laser radiation.
5. The laser device must be used only for its defined application; never irradiate other material / or areas not detailed in the application description.



6. Special care should be taken to avoid irradiating reflecting materials, since reflected laser radiation can still cause serious harm.
7. Always switch off the laser from its „Ready“ mode when not in use; e. g. during long pauses or at the end of the procedure.

## LASER RADIATION &amp; TEMPERATURE EFFECT

TEMPERATURE	EFFECT
> 40° C	Enzyme induction, membrane disaggregation, edema
45° – 65° C	Tissue damage, irreversibility depends on irradiation time
> 65° C	Coagulation
> 100° C	Dehydration
> 150° C	Carbonisation

Absorption is mainly derived by the laser radiation physical properties (wavelength). Absorption defines how much of the laser radiation is converted into heat, which causes the desired clinical effects (coagulation / vaporisation).



At low energy densities (large laser beam spot or low laser power), heat gradually built within the tissue. The smaller the beam spot size, or the higher the power, the faster heat will built. Above a certain limit, the tissue can no longer tolerate the amount of absorbed heat, proteins starts to denaturants and coagulation occurs. If continuing to heat up the tissue, the tissue water (intra and extracellular water) will suddenly evaporates (> 300° C). Tissue is fragmented and destroyed - cutting / evaporation is achieved.

## BASIC LASER SAFETY INSTRUCTIONS



Always switch off the laser from its „Ready“ mode when not in use; e. g. during long pauses or at the end of the procedure.

READY-Screen



## 1. The laser packaging

The CITO is shipped in three separate boxes:



The entire system includes the following parts, which can be ordered separately at any time.

- ① CITO laser box
- ② The slit-lamp, additional chin rest plus laser transmission and control unit.
- ③ Table system with lifting ability for two legs.

Usually there are no extra safety goggles included due to the fact that there is a built in protection filter for the surgeon.



## 2. Unpacking the table ( box #3)

The first layer contains the table legs ① and feet ②.

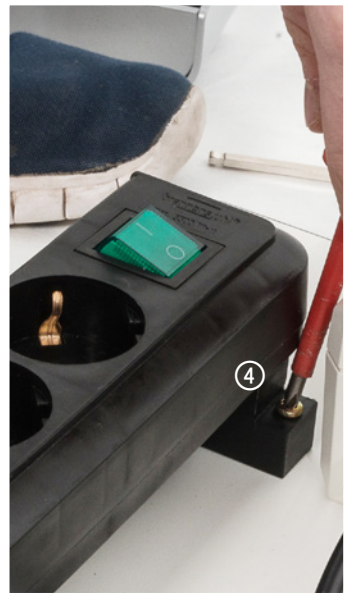
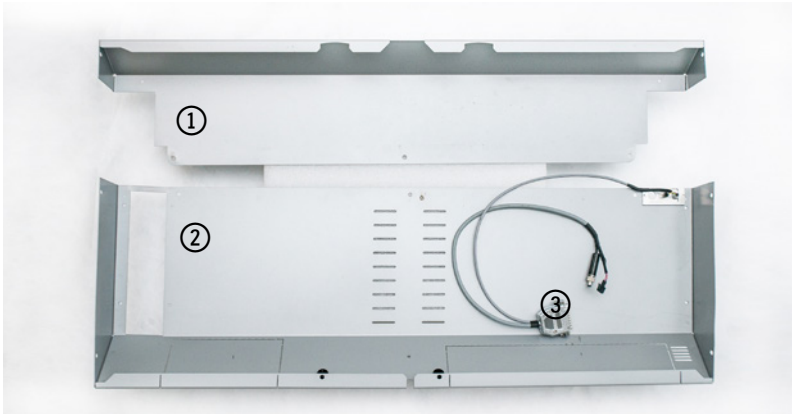


Layer 2 holds the table plate ③, that has to become joint to the legs.

### 3. Opening the table plate cover

By removing the cover plates ①② you will receive access to the table's plate. Inside shield 2 you have two pre installed cables ③.

The power socket that is fixed to the table needs to be removed ④ to receive full access to the mounting plate.



You have to get rid of 4 screws - as displayed - to release the power bar. proceed with the next page:

#### 4. Mounting the legs

Both legs will find their place in the described mounting plates. Fix them with the short screws ① and take care that the cables are inserted ② + ③. At the same time make sure, that all the connectors to power supplies are tightly + inserted ④.



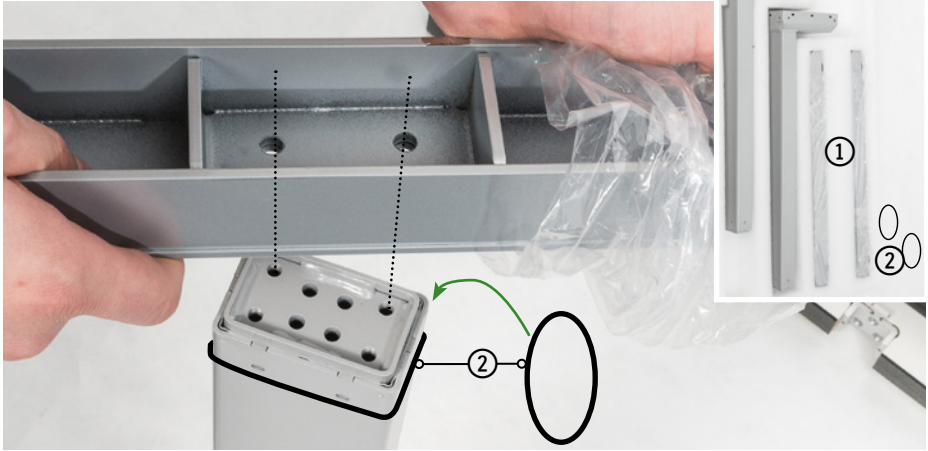
Not inserting those connectors will lead to the loss of lifting ability of the table.

### 5. Mounting the feet

Four screws are necessary to connect each foot to the table.

Use one protector ring ② for each leg. Two rings are included in the package. Place the ring at the lowest end of the leg.

Make sure to have the short side facing the short end of the table. ③

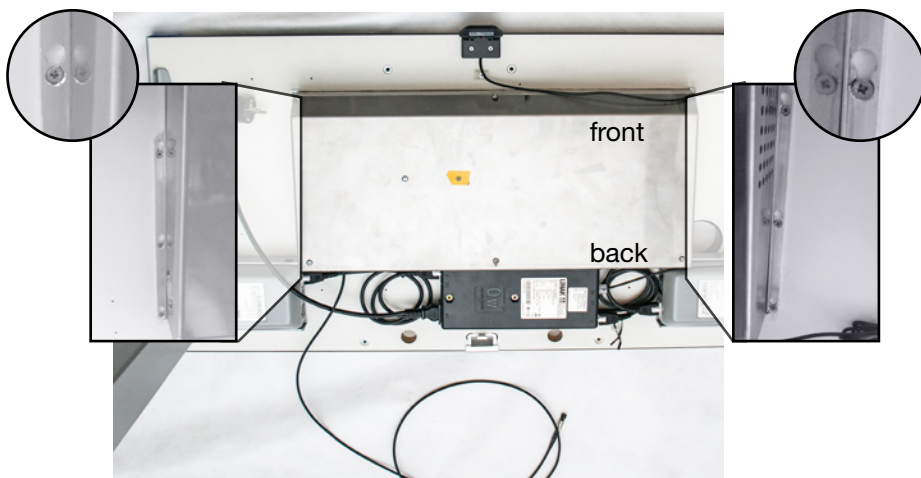
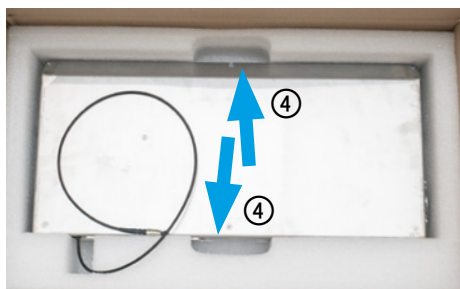
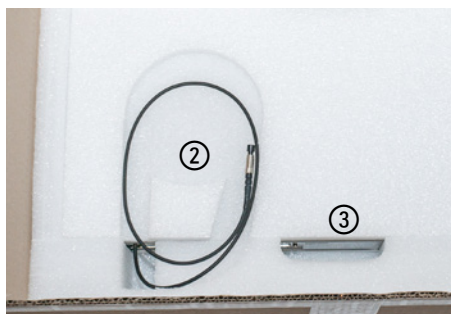


After the feet are connected and mounted you have to fix the socket again.



## 6. Unpack the CITO laser box

Open the carton ① - avoid cutting! Take out the cover mat, and take care for the fiber that is now visible ② inside the package. Take out the protective foam cover ③. Make sure not to bend the fiber. Lift out the laser-box with two hands grasping the box ④. Place the laser box onto the bottom side of the table and fix it with all 6 screws in the displayed manner.



Rotate the table now and put it onto its feet.  
Please check the position of the rubbers ●.



Open box number ②  
with the slit lamp inside.

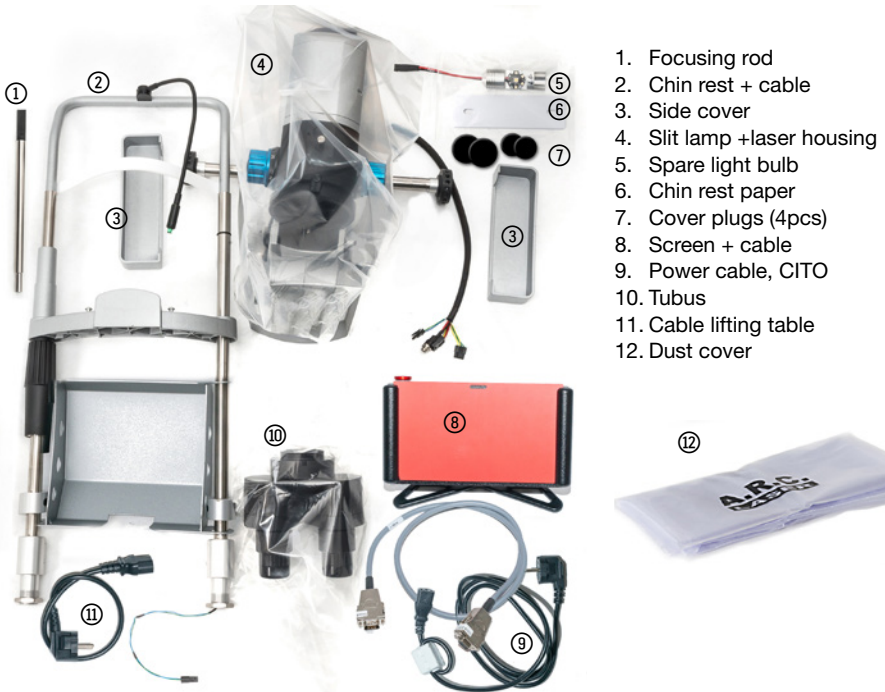


## 7. Opening the laser package

The laser package is easy to open and covered by a protective foam. Anyway, please do not open it with a knife, you might harm the content.



## Content of the laser package



1. Focusing rod
2. Chin rest + cable
3. Side cover
4. Slit lamp + laser housing
5. Spare light bulb
6. Chin rest paper
7. Cover plugs (4pcs)
8. Screen + cable
9. Power cable, CITO
10. Tubus
11. Cable lifting table
12. Dust cover

### 8. Unpacking the Slitlamp for the CITO

In box ① you will find the tubus.

Box ② contains the slit lamp accessories for the CITO like Touch Screen and cables

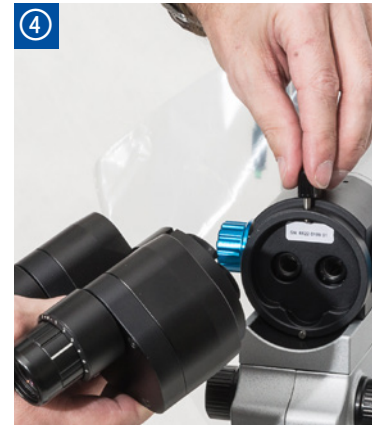
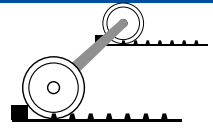
To lift the CITO out of the box please use both hands ③ to lift the base and the slit lamp well.





### 1. Mounting Slitlamp and Tubus

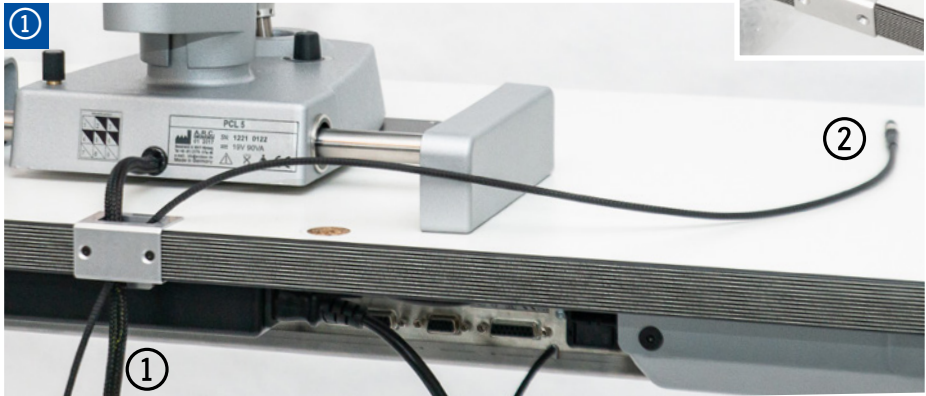
Place the necessary parts as displayed here on the table. To correctly put the slit lamp onto the table, please check that both rolls are straightly in Line. Mounting the tubus is performed by screwing the „pigeon-tale“ ④ connector by means of your hand. Do not overstretch the screw.



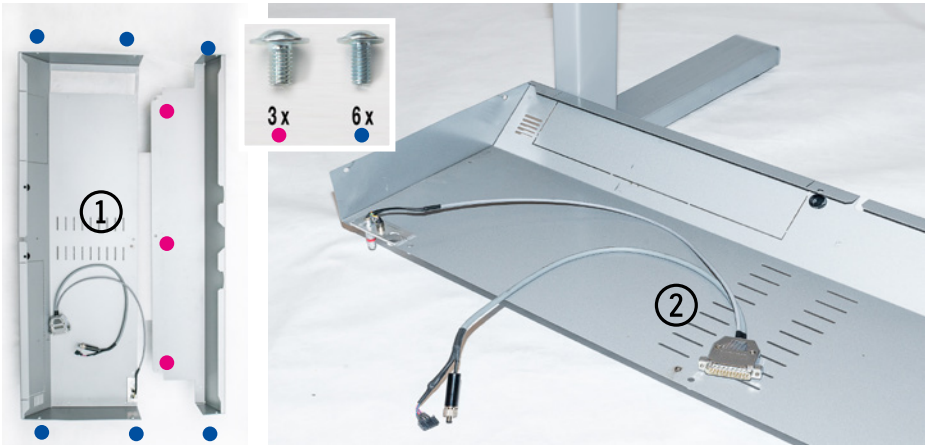
The slit lamp can be tested now mechanically: moving it left / right or up and down to check its functionality.

2. Placing the cables und the housing

The slit lamp cable ① has to go through the table placeholder as well as the laser fiber ②. You do not need to open the placeholder for that procedure.



② Take the big plate ① hand mount it to the table with 4 screws (●) Please make sure that the cables will find space ②. Do not squeeze them anywhere inside.

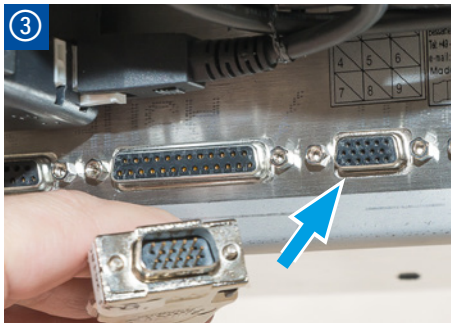
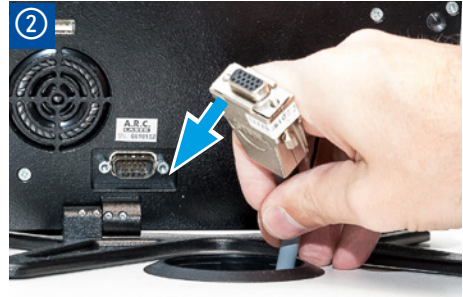


Just take the cable ② out. Do not squeeze them anywhere inside.



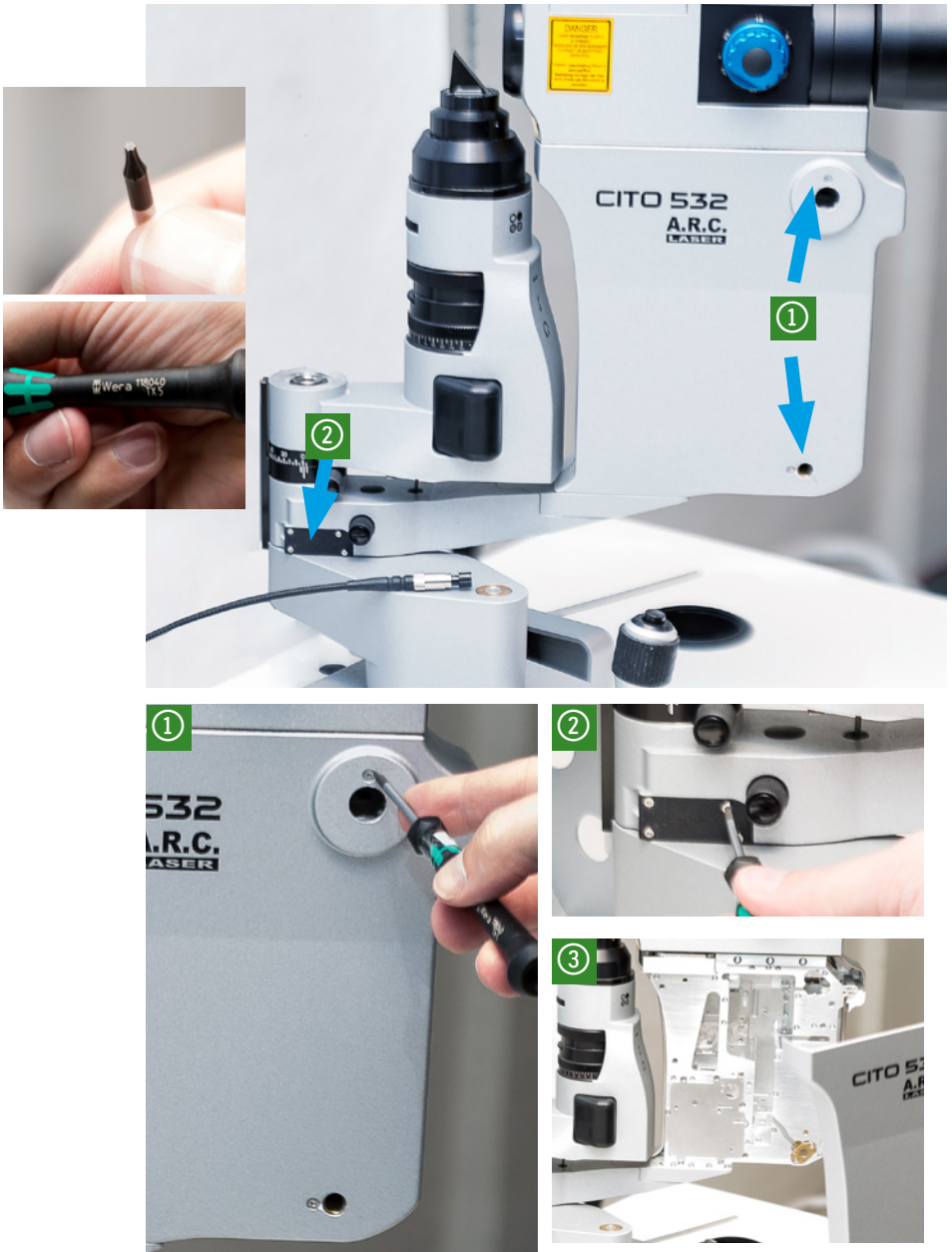
### 3. Placing the touch screen

Place the screen onto the table and mount the monitor cable as displayed.  
Fix the connection with the attached screws. Do not overstretch them.



#### 4. Install the fiber

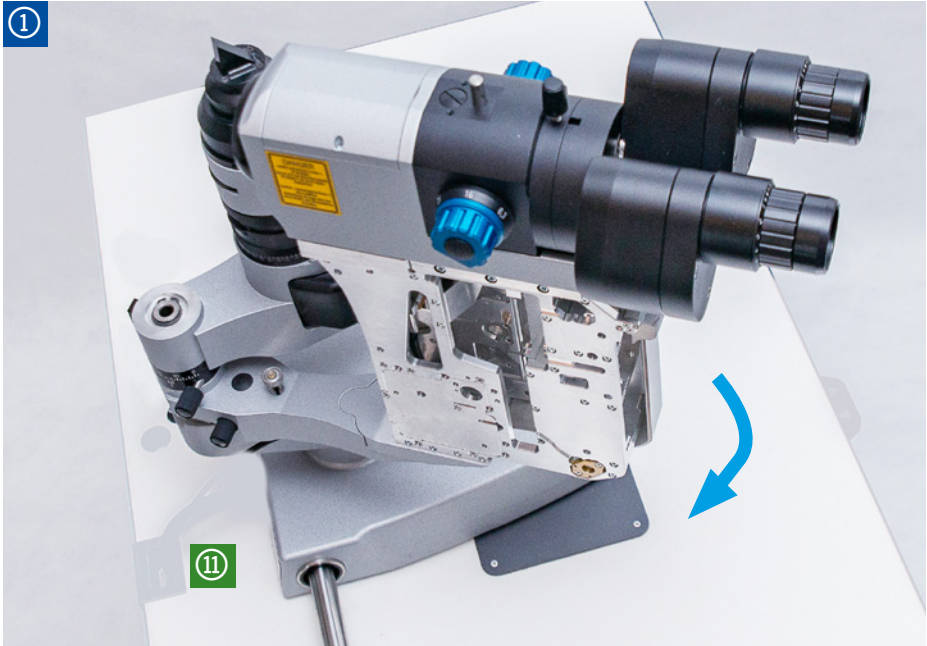
Use a TORX screwdriver to open the small black and the large grey covers. Take away the grey cover plate ③ to open the housing.



## 5. Insert the fiber

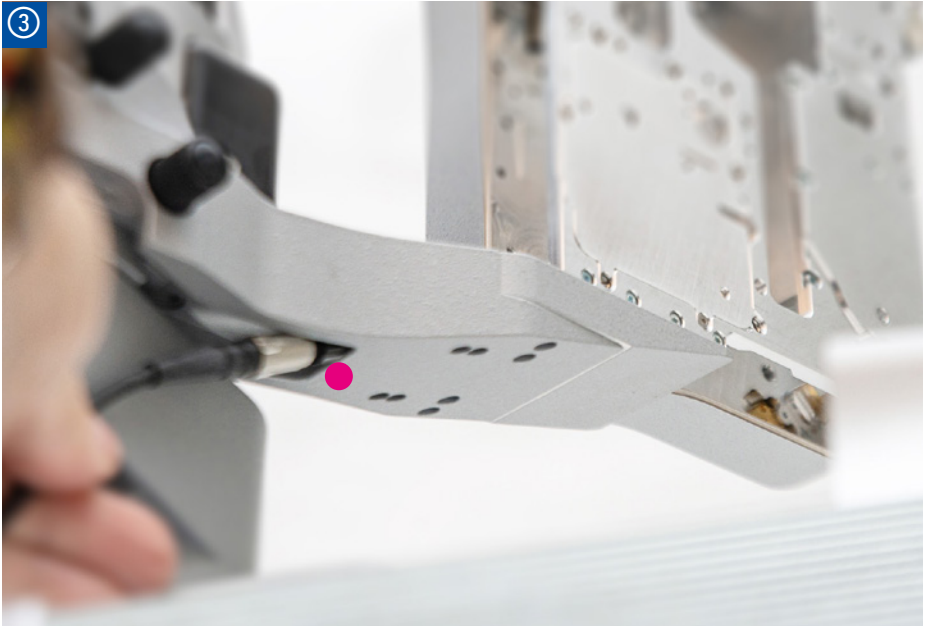
Swing the slit lamp arm to the left side (full extent) as shown in ① and

Grab the fiber and put it through ⑪ Hold the fiber and prepare yourself to insert it through ⑫



Insert the fiber

- ③ Take the fiber ● and put it under the arm into the housing ● You will need both hands for a safe installation. ④
- ⑤ Now you have to screw the cap off the fiber. Store the cap ⑥ at a safe place as you might need it again for service reasons. ⑥

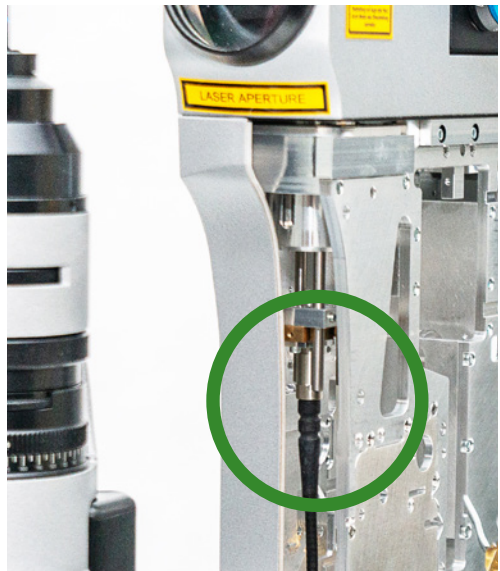
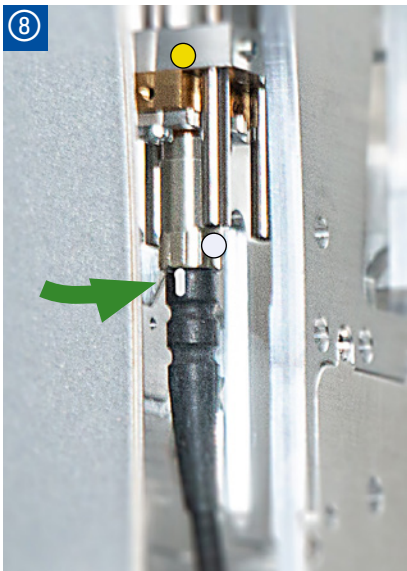


Connect the fiber

⑦ Connect it to the fiber adapter ● inside the housing.

At the black fiber end you see a white mark - this mark has to face the patients side.

Fasten the screw ○ tightly ⑧- please work from the patient side for a better handling.

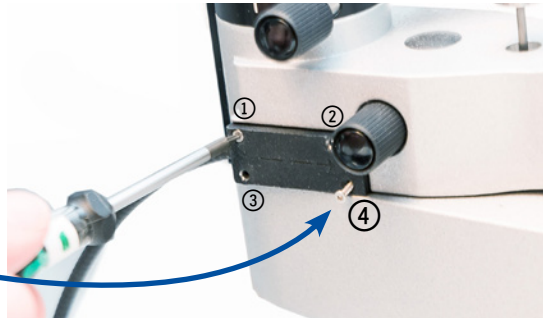


**ATTENTION**

You accidentally might break the fiber by swinging the arm back into the right side / middle.

6. Fixate the laser fiber

Use the TORX screwdriver to put on the black fiber holder.  
 Don't squeeze the fiber!  
 Use the longer screw for Position 4

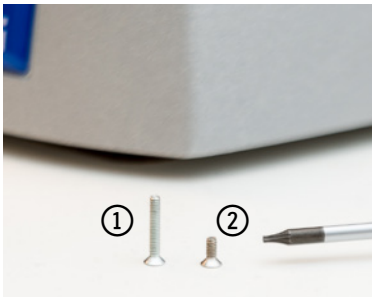


**ATTENTION**

You accidentally might break the fiber by swinging the arm back into the right side / middle.

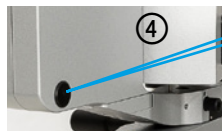
7. Close the housing and check all cables.

Use the TORX screwdriver to close the large grey cover.  
 Put back the grey cover plate to close the housing again.



8. Cover up the housing

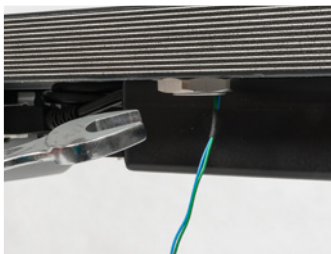
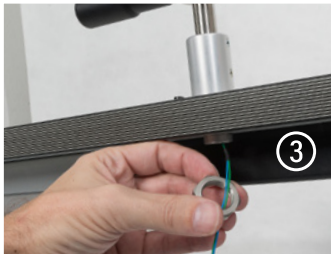
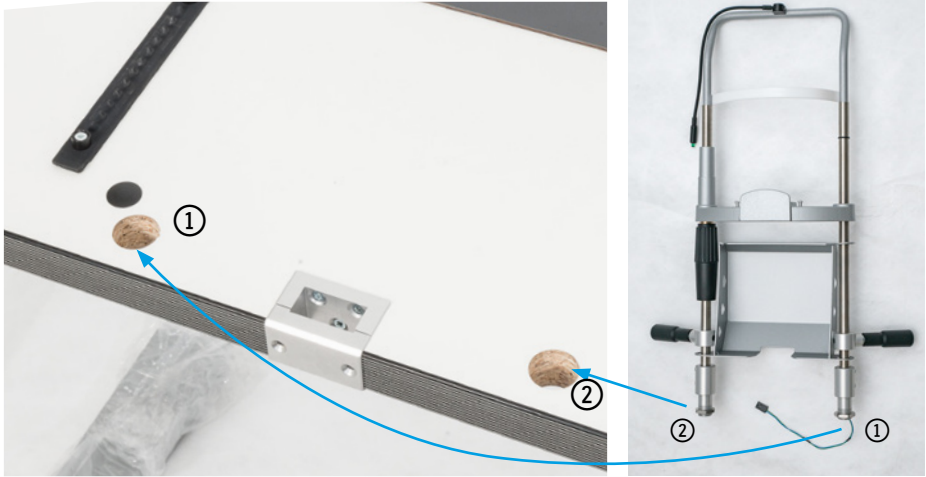
to close the open holes, use the 4 cover plugs. The bigger ones have to be inserted as displayed on both sides of the slit lamp housing.





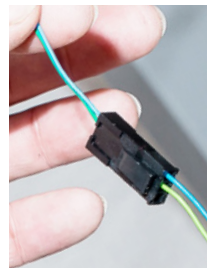
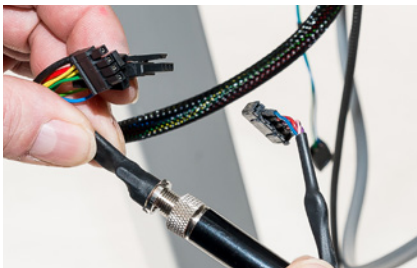
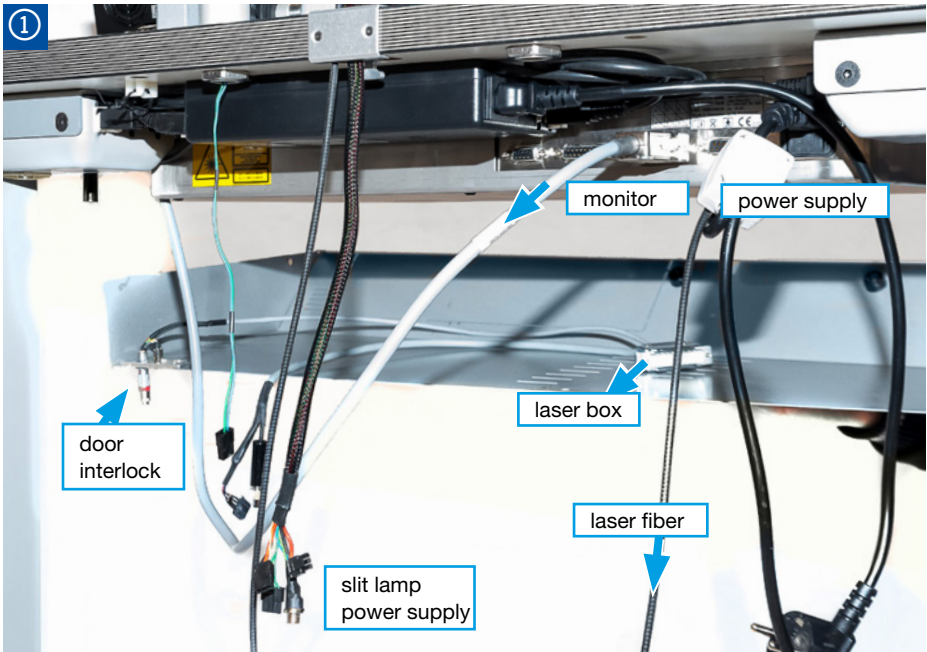
### 9. Mounting the chin rest on the table

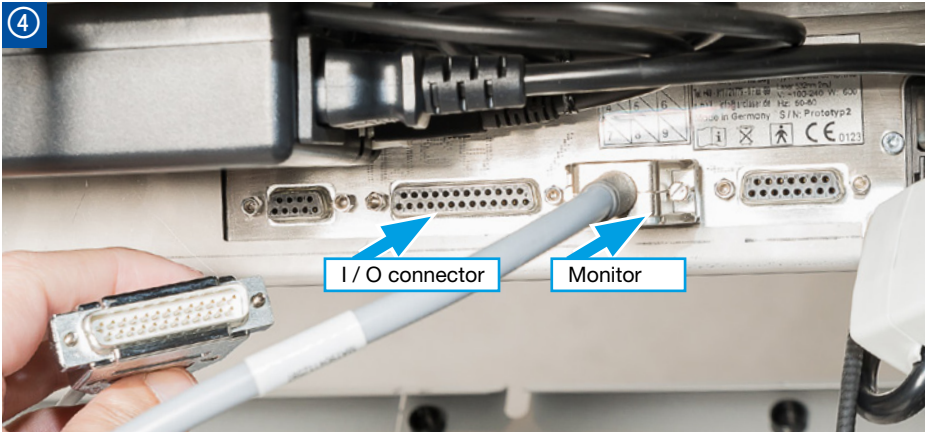
The table contains mounting holes for the chin rest. As displayed the left side receives the leg with the power cable for the fixation light. Close the screw as tight as possible without using too much of force. Adjust the arm handles ④ for the patient. Our advice is an angled position.



### 10. Cables for the slitlamp

Make sure that the device is still without power. You will find all the necessary cables at the patient side of the system. Make sure you give them space for manouvring ②. The next step will be to join all the cables to supply the slit lamp and fixation light with power ③.





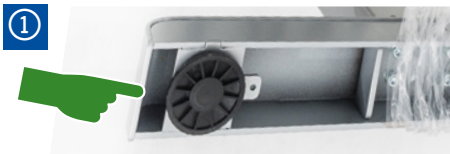
④ The control cable is joint to the cover plate. Please insert it to the highlighted socket at the rear of the laser box.



In the end, connect the power supply for the laser box as displayed. Check all the cables for tightness.

## 1. Starting the laser

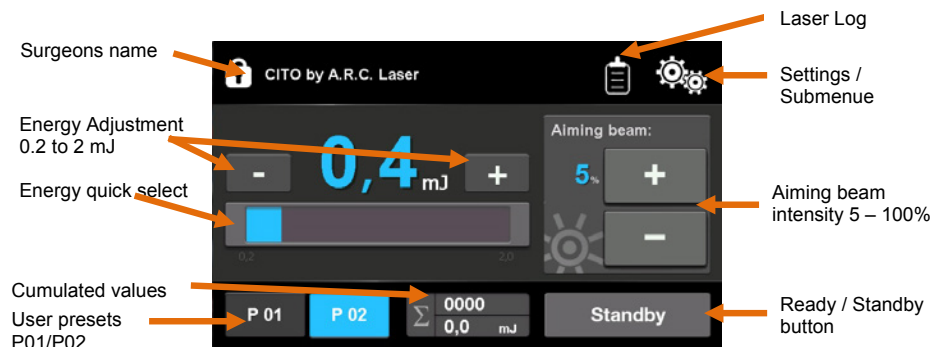
For a stable stand, the table has to be put on a flat surface to avoid instability.



1. The height adjustment at the feet will help you setting up the table properly.
2. Connect the cables to the socket, connect the mains to your wall mount.  
Switch on the main power supply
3. Adjust the lifting table according to your desired height level
4. Switch on the system (I)
5. Make sure the Emergency-STOP button has been withdrawn.
6. Wait until the initializing process is done.  
The laser executes its system check automatically upon startup.

## 2. Display front

The control panel interface is joining all the necessary buttons and display modules in the front of the device.



For more information, please refer to the user manual.

### 3. Handling of slitlamp and laser

Please refer to the description below:



## 5. Braking / Stopping Spots

To loosen or to fixate the slit lamp you can close (brake) or open (loosen) those three knobs by means of a small rotation. Turn clockwise to close.



## 6. Changing the LED light

Best is to open both of the light boxes. To replace the LED light only use A.R.C. Laser supplied light „bulbs“. Ask your A.R.C. representative for the proper spare parts.

Unwire ① the LED and replace the light source as shown. Have a close look at the alignment - a flat side ② at the bulb will guide you.



### ATTENTION

It is very much recommended to disconnect the laser from the power supply. Switch it off before you start changing the light.



Please check the opposite side, the alternative power cable could have dropped out! Put it into the holder and close the lamp again.





## Adjustment Laser Power Cito

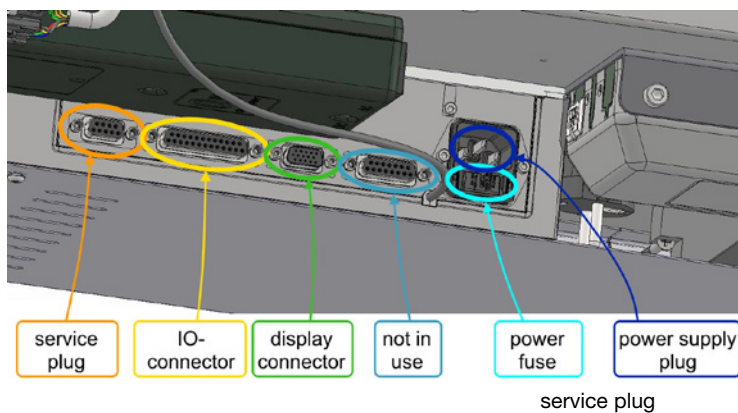
You will need those tools:

- laser power meter
- PC with HyperTerminal and service cables  
(KB01005 Service cable serial, EL01368 USB Adapter)

### Step 1.

Connect the PC with help of the service cable and USB Adapter with the laser.

See picture service plug 2. Adjust terminal software (configuration) to the following settings:  
9600 Baud



### Step 2.

Adjust terminal software (configuration) to the following settings:

- 9600 Baud
- no parity
- 8 bit
- 1 stop bitno
- no flow control

**Step 3.**

Switch the Laser on  
then type Shift-S + ENTER to start service software  
(<S> is not displayed – can not be seen on the monitor)

**The screen appears**

```

+-----+
| Cito 532 Gen. II |
|   Service mode   |
+-----+
(c)A.R.C Laser GmbH

Function submenus:
(z = Help)

1: Safety functions
2: IO functions
3: Shutter
4: Laser power
5: Aiming beam

a: System info
b: Calculate checksum
c: System restart
_

```

**Step 4.**

Enter menu 3 by pressing „3“ and open the shutter  
by pressing „a“ and after this key „+“.

**This screen appears**

```

* Shutter settings *
-----
a = Shutter open/close
B = Opto-close position
C = Opto-open position

_a B C
*Cls_1 0

```

**Step 5.**

Enter menu 4 Laser power by pressing „4“

The screen shows:

```

* Laser power *
-----

a = Output enable (0n/0ff)

Diode Settings:
b = Diode current DA-Value (0..4095)      c = Frequency (0..10Hz)
d = Pulse Width (250..400us)

Q-Switch Settings:
e = Delay (230..Pulse width(Diode))

Servo settings:
f = Position servo (0..1360)

Temperature control settings:
g = Target temperature cavity (°C)        H = Temperature cavity (°C)
i = Target temperature diode (°C)        J = Temperature diode (°C)
k = Target temperature KTP (°C)         M = temperature KTP (°C)

Advanced settings:
l = Servo settings menu                    x = Save settings
a   b   c   d   e   f   g   H   i   J   k   M
*0ff 1840 _ 1Hz 365us 360us 211 30.0 30.1 32.5 32.5 44.0 43.8

```

Enter menu servo setting by pressing „l“

```

* Servo settings *
-----

a = Output enable (0n/0ff)
b = Frequency [Hz]
c = Laser power [mJ]
d = Servo position [0..1360]
E = Current feedback [mV]
F = Difference current [%]
G = Light feedback [mV]
H = Difference light [%]
I = Comparator signal: too little energy
J = Comparator signal: too much energy

e = Copy prior values
k = Measure pulser feedback
l = Measure light feedback
m = Plot table
n = Laser stability test
x = Save value

a   b   c   d   E   F   G   H   I   J
*0ff 1Hz 0.2 82  0  ---.-%  0  ---.-%  0  0

```

- Put a laser powermeter in front of the slit lamp at the position of the laser aperture
- set „c“ to 0.2mJ
- set „a“ on
- adjust with „d“ and „+-“ the servo position, so that the output energy is 0,2 mJ  
Note: When you adjust the servo motor, there is a reversal at a value of about 440. That means, although you press +, the power gets smaller step by step. The adjustment range therefore is between 0 and 440.
- save the value by pressing „x“
- adjust the value at „c“ respectively one step higher and adjust the values until the maximum power is reached.
- At H you see the difference of the internal measuring cells, after the adjustment this value should be 100%. Please check this value, because if the difference is bigger than 20% or rather H is lower than 81%, the error F01 will occur.
- After adjustment of the output power you must calibrate the internal measuring cells in the next step.

**Step 6.**

Press „I“ measure light feedback und confirm the notice: „Do you really want to run light measurement“ with „Y“. An automatic adjustment of the measuring cells will be proceeded.

**Following screen appears:**

```

Attention! Laser radiation!

Energy table measurement
-----
Energy: 0.2mJ
 1/ 277   2/ 276   3/ 279   4/ 282   5/ 280
 6/ 279   7/ 278   8/ 278   9/ 278  10/ 277
11/ 281  12/ 277  13/ 277  14/ 279  15/ 279
16/ 279  17/ 282  18/ 282  19/ 278  20/ 281
21/ 280  22/ 276  23/ 279  24/ 282  25/ 283
26/ 276  27/ 279  28/ 281  29/ 281  30/ 279
31/ 280  32/ 279  33/ 277  34/ 280  35/ 280
36/ 280  37/ 278  38/ 281  39/ 277  40/ 281

Target value: 279, Lower limit: 223, Upper limit: 334
-----
Energy: 0.3mJ
 1/ 395   2/ 396   3/ 396   4/ 398   5/ 393
-

```

**Step 7.**

Go back to the main menu and press „b“ for calculate checksum

**Step 8.**

Quit the program, check the laser in normal mode and check the power values again with an external laser power meter

Close the table-housing

Attach the small housing plate ①. Put all the available cables and the laser fiber into it. Take care not to bend any of them. Mount the plate with its corresponding screws ②. Insert the plugs ③ and switch on the laser ④.



## Contact, packaging and disposal information



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## Disposal of old Electrical and Electronic Equipment

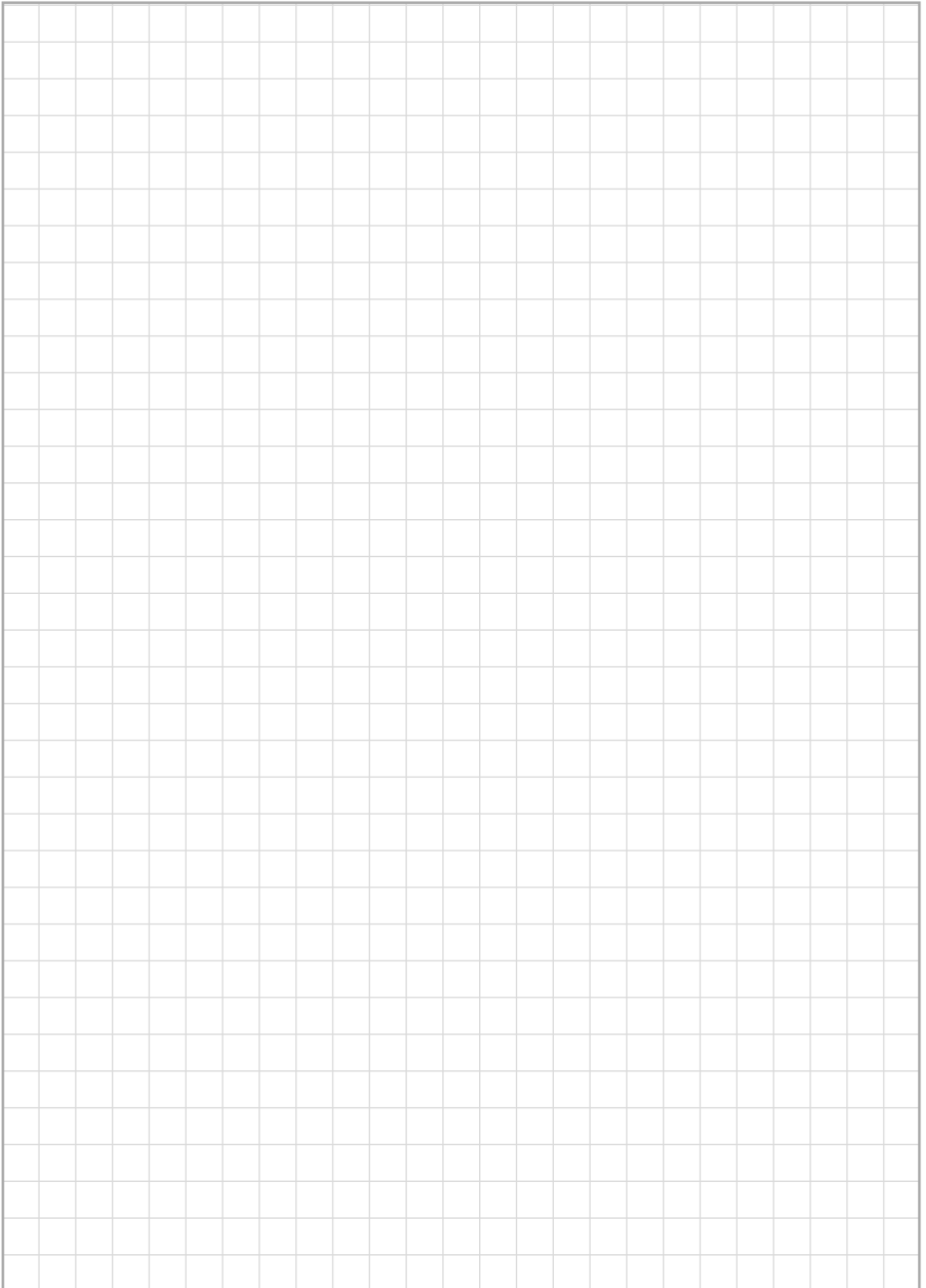
(Applicable in the European Union and other European Countries with separate Collection Systems).



This Symbol on the Product or on its Packaging and instructions indicates that it was put on the market place after August 2005 and that this product shall not be treated as Household Waste.

To Reduce the Environmental impact of WEEE (Waste Electrical Electronic Equipment) and minimise the volume of WEEE entering landfills we encourage at Product end of life that this Equipment is recycled and reused.

# NOTES



# SLT Laser CITO



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